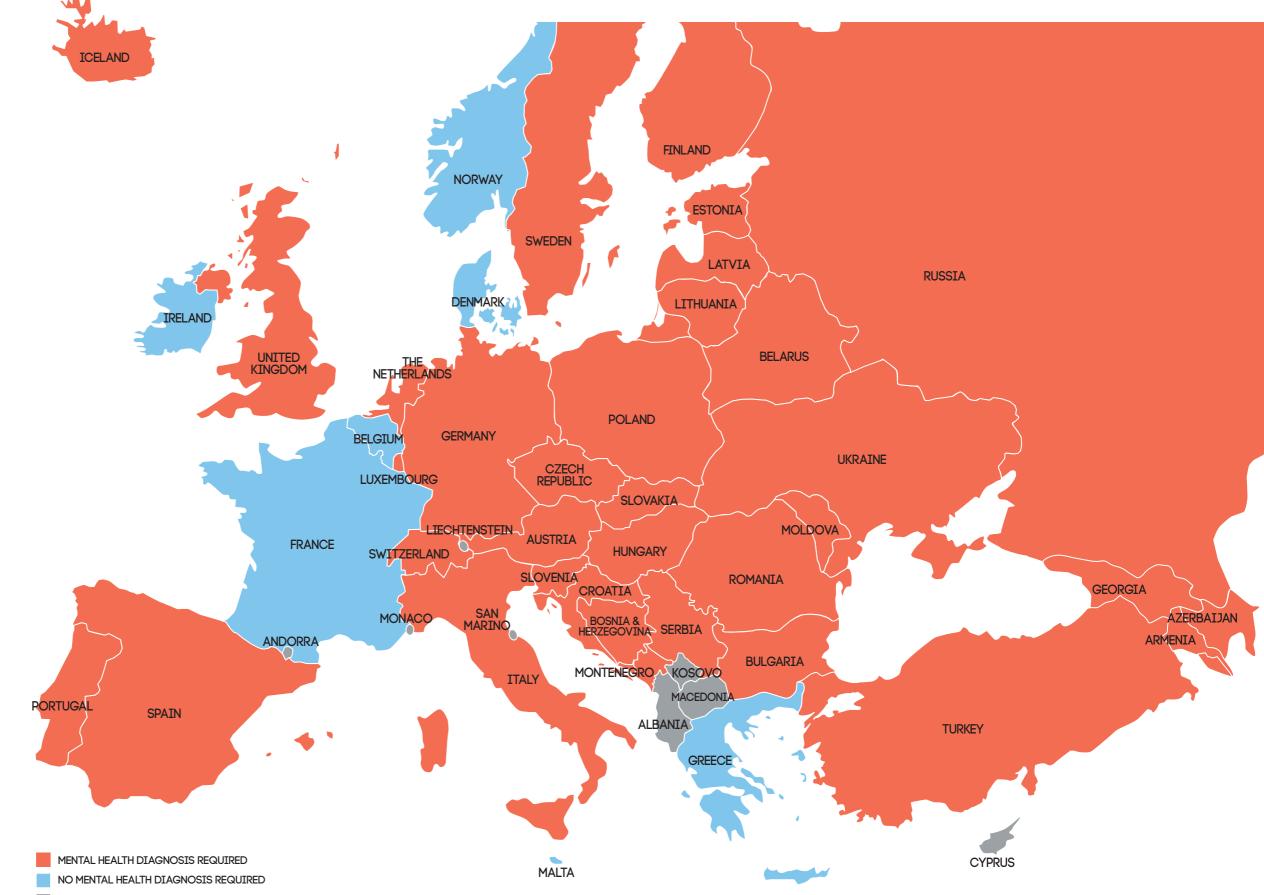


TRANS RIGHTS EUROPE MAP 2018



THE TRANS RIGHTS MAP & INDEX

The Trans Rights Europe Map reflects the requirement for a mental health diagnosis in gender recognition procedures in Europe. The Trans Rights Europe Index provides detailed country information in 25 legal categories, such as legal gender recognition, asylum, bias speech/violence, non-discrimination, health and family. Using a simple format, the Trans Rights Europe Map & Index do not claim to reflect the complex social situations that trans people face.

Mental Health Diagnosis Requirement

34 countries in Europe require a mental health diagnosis before adapting identity documents. Such a requirement violates the right of every person to self-determine their gender identity. A mandatory diagnosis further drives stigma, exclusion and discrimination as it relies on the false notion that being trans is a (mental) illness. In fact, no gender identity is disordered.

The World Health Organisation (WHO) proposes to stop categorising gender identities as mental illnesses in the International Classification of Diseases (ICD-11). The World Professional Association for Transgender Health (WPATH) advises against any mandatory mental health treatment or diagnosis in legal gender recognition.

States should base legal gender recognition procedures solely on the self-determination of the person.

TGEU's Trans Rights Map marks states in red where a mental health diagnosis is required in gender recognition procedures. "Blue" states have established procedures and do not request a mental health diagnosis. "Gray" states do not offer any reliable procedures.

Learn more about legal gender recognition and what you can do:

tgeu.org/issues/legal-gender-recognition/

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NO LEGAL GENDER RECOGNITION

34 COUNTRIES IN EUROPE REQUIRE A MENTAL HEALTH DIAGNOSIS IN LEGAL GENDER RECOGNITION.