Facilitation Toolkit: Tips and Tricks for Participatory and Empowering Facilitation

publication, intersectionality, advocacy resources, trans activists

We hope that TGEU's Facilitation Toolkit makes facilitation easier for you.

What is facilitation?

The word 'Facilitate' comes from the Latin *Facilis*, which means 'easy'. Making conversations, decisions or workshops easier for the group you are facilitating.

This **Facilitation Toolkit** was written by Nim Ralph and Nadia Vogel, who also led our facilitation team at the 7th European Transgender Council. The Facilitation Toolkit takes a **power-critical approach** to facilitation and includes brief guides on understanding power, dealing with conflict, understanding different kinds of learning styles and how to make space for these in your sessions, as well as considering access needs while facilitating or preparing sessions. It also includes a practical guide to structure and run sessions, while including ideas and examples of useful icebreakers and energisers.

TGEU
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FACILITATION TOOLKIT

Tips and tricks for participatory and empowering facilitation

What’s in the toolkit?

- Facilitation: quick steps
- Introduction to facilitation
- How to structure and run a session
- Icebreakers, energisers, and temperature check
- Different formats for running sessions
- Understanding power
- Conflict tips
- Considering access.

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Illustrations by Rory Midhani.